

Northern Buckeye Conference

High School Track and Field Championships Otsego High School, Saturday, May 13, 2023

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<u>Teams:</u>	Eastwood, Elmwood, Fostoria, Genoa, Lake, Otsego, Rossford, and Woodmore
<u>Scratches:</u>	Please check the program. Make sure everything is correct. If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. Once the meet begins, only drops will be accepted except for injury .
<u>Meeting:</u>	There will be a short coaches' meeting about 9:15 in the press box.
<u>Prelims</u> :	In the 100/110 M Hurdles, 100 M Dash, and 200 M Dash, the heats have been seeded as evenl as possible based on submitted times. The top 2 places from each heat and the next 4 fastes times will advance to the finals. In the 300 M Hurdles and 400 M Dash, athletes were placed into two heats, run from slower to faster, based on submitted times. However, anyone can scor from either heat.
<u>Field Events:</u>	In the throws and the long jump, there will be three attempts, then the top 9 will go to finals for three more attempts. The best effort of the six attempts will be used to determine place. Please use your own implements. Make sure you have them weighed.
<u>Distance:</u>	All three distance events were seeded two runners to a lane.
<u>Relays:</u>	As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.
<u>Zones:</u>	We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided. 400 m relay zone 1: Elmwood, Rossford 400 m relay zone 2: Genoa, Otsego 400 m relay zone 3: Fostoria, Woodmore 800 m relay zone: Eastwood, Lake
<u>Heights:</u>	We will use the following starting heights: Girls HJ 4'6", Boys HJ 5'0", Girls PV 6'0", and Boys PV 8'. These can be changed by mutual coach agreement if necessary .
<u>Scoring</u> :	We will score 8 places. (10-8-6-5-4-3-2-1)
<u>Awards:</u>	There will be a team trophy for champion. League certificates will be given for the top 3 places. Awards will be sent to the respective schools. Also, there will be both a track and a field athlete of the meet as well. Girls' coaches vote for girls, boys' coaches likewise for boys. The vote for these awards will be at the 50 yard line after the 1600 M relay.
<u>Markings:</u>	Tape is acceptable for marking the jumps, and tennis balls or the like should be used for relays
Live Results:	Live results will be available during the meet at baumspage.



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Field events

10:00 AM

- Girls Pole Vault, boys to follow
- Girls High Jump, boys to follow
- Boys Long Jump, girls to follow There will be 3 attempts, then the top 9 jumpers go to finals for 3 more attempts. Competition will be open pit for one hour, then finals
- Boys Shot put, girls to follow There will be 3 attempts, then the top 9 throwers go to finals for 3 more attempts.
- Girls Discus, boys to follow There will be 3 attempts, then the top 9 throwers go to finals for 3 more attempts.

Semifinals for Running Events

In the semis, the top 2 runners from each heat plus the next 4 fastest times will advance to the finals.

11:00 AM Girls 100 M Hurdles Semis Boys 110 M Hurdles Semis Girls 100 M Dash Semis Boys 100 M Dash Semis Girls 3200 M Relay *Final* Boys 3200 M Relay *Final* Girls 200 M Dash Semis Boys 200 M Dash Semis

Finals for Running Events

This might be pushed back if the semis run late. Actual starting time will be announced.

12:30 PM Girls 100 M Hurdles Final Boys 110 M Hurdles Final (approx.) Girls 100 M Dash Final Boys 100 M Dash Final Girls 4 x 200 M Relay Boys 4 x 200 M Relay Girls 1600 M Run Boys 1600 M Run Girls 4 x 100 M Relay Boys 4 x 100 M Relay Girls 400 M Dash (2 heats) Boys 400 M Dash (2 heats) Girls 300 M Hurdles (2 heats) Boys 300 M Hurdles (2 heats) Girls 800 M Run Boys 800 M Run Girls 200 M Dash Final Boys 200 M Dash Final Girls 3200 M Run Boys 3200 M Run Girls 4 x 400 M Relay Boys 4 x 400 M Relay